

We are ready for an exciting new season filled with competitions, exhibitions, team activities and life-long memories.

Stealth Athletix will be holding a tryout clinic on Saturday, May 21 with tryouts being held on Sunday, May 22, 2022. **Tryout sessions are based on the highest level team you have competed on.** This does not mean you will be placed on that level of team. Tryout days will be closed to all spectator viewing. Please select only one of the sessions based on your previous competition level.

Please register by May 8 to reserve a FREE tryout shirt.

## No team experience, Level 1, & Level 2

- Clinic
  - Saturday, May 21, 2020 1-3pm
- Tryout
  - Sunday, May 22, 2020 1-3pm

#### **School Cheer & Level 3**

- Clinic
  - Saturday, May 21, 2020 3-5pm
- Tryout
  - Sunday, May 22, 2020 3-5pm

## Tryout for Levels 4 & up

- Clinic
  - Friday May 20 2020 6-8pm
- Tryout
  - Sunday, May 22, 2020 -5-7pm

During the summer months we will focus mainly on skill advancement and conditioning. All athletes must attend their respective team's scheduled practices to ensure proper skill progression and to adequately learn choreography. November to April is competition season, with the chance for post season to finish up in May.

This packet contains general information regarding rules and policies, tuition, other fees, along with the general guidelines and forms you will need for tryouts.

If you have any questions please contact Kandi Tom-Dunwiddie at Kandi@StealthAthletix.com

Sincerely, Kandi Tom-Dunwiddie Stealth Athletix



#### TRYOUT FEES AND CHECK LIST

Pre-registered athletes with the completed tryout forms turned in no later than May 10, 2022: \$50. Athletes paying day of tryouts: \$75.

All athletes wanting to try-out are required to turn in the:

- All outstanding debts must be paid in full prior to trying out in our gym
- Registration form (with recent picture)
- Copy of birth certificate (unless you were on the 2021-2022 team)
- Financial commitment form
- Athlete conduct policy form
- Parent conduct policy form
- Waiver of Liability, release, idemnity and assumption of risk agreement
- Tryout Fee & Online reservation of tryout session

IMPORTANT: Please be sure to double-check all of your information. Contact information needs to be legible.

#### **SELECTION PROCESS**

There are many things taken into consideration when forming teams. We are looking at age, tumbling, jumps, whether the athlete is a base, back spot or flyer... flexibility, size... but we are also looking for leaders and athletes with drive and passion. Sitting around at tryouts, rolling your eyes or presenting a poor attitude or inability to work within a team may result in your athlete not being placed in our program. Previous team selections do not guarantee you a spot on a specific team. We want everyone to be placed where it is best for their growth, as well as the team's growth.

Also understand, we want to see skills you are confident with. Coaches will NOT spot you on tumbling skills, as if you cannot throw the skill with confidence and technique, we cannot count that towards your evaluations. Do what you know you can do well. Remember... TECHNIQUE IS KING

## **TRYOUT RESULTS**

Results will be emailed by noon on Wednesday, May 25th. Please make sure we have a current email in our system for your athlete. If you had asked to double team, you will see an (\*) next to your athlete's name, meaning you were placed on more than one team within the program.

Placement for teams is not up for discussion or debate. We are making decisions based on what will form the strongest team, not necessarily what is best for a particular athlete. If you would like to know what your athlete needs to do to progress to a higher level team at some point in the season, we will be happy to meet with you, but we will not discuss other athletes with you.

Please note, try out placements are not finalized until choreography. Athletes who do not keep skills performed at try outs may be moved to a different team. Those who show marked improvement may be moved up a level. We do our best to place our athletes on correct teams at try outs but, skills must be maintained in order to stay on teams.



#### **PRACTICES**

Visitors are allowed to watch during weekday practices, however, if this becomes a problem and the athletes become too distracted practices may be closed. This insures the safety of the athletes in the program. When others are present, the concentration level of the participants may be compromised. **All practices held Friday-Sunday will be closed to spectators.** 

The Competition teams will practice twice a week for 2-3 hours, mini & tiny team practice times may be a shorter time period due to age of athletes. Teams during the summer will practice twice during the week. Once school starts the teams will practice once during the week and once on the weekend. These days will stay the same throughout the school year. During competition season the coaching staff reserves the right to schedule extra practices the week(s) before the competition.

\*Practice dates and times along with competition schedules may change throughout the year to accommodate coaches, gym schedule, or team skill levels. However, all attempts will be made to accommodate the majority of the athletes.

#### PRACTICE RULES

- 1. ARRIVE ON TIME AND READY TO PRACTICE. Arrive at the gym prior to beginning of practice. We would like teams to be warmed up prior to practice start time. Athletes will be required to stay after practice for every minute they arrive tardy without coaches' prior knowledge of absence.
- 2. No gum. No jewelry including stud earrings and belly rings. This will keep the focus on the practice and provide a safe atmosphere.
- 3. Proper attire and shoes must be worn at all times.
- 4. Hair up off face.
- 5. Students will only be allowed on equipment if an instructor is present.
- 6. Parents, siblings, and friends must sit on bleachers/seating area during weekday practices only. NO parent coaching at any time please.
- 7. When it is time for athletes to get a drink, athletes must get a drink and return to the floor, it is not time to get a snack, be on phones or chat with friends and parents. Athletes must do so before practice.
- 8. Only staff members are allowed behind the desk.
- 9. No food or drinks on floor; only water or sports drinks during practice.
- 10. Athletes will not leave practice floor without coach's permission.
- 11. Cell phones may not be used during practice or breaks. If this becomes a problem, phones will be collected at the beginning of practice and returned at the end of practice. No phones are to be past the fence.
- 12. Injured athletes must still attend practice (unless a doctor's note is presented).
- 13. Athletes are required to take a minimum of one tumbling class offered at a discounted rate, with the exception of regularly scheduled private lessons. This will be monitored so that everyone progresses through the year. Failure to take a tumbling class or weekly privates will result in sitting out of practices until attendance has been made.
- 14. Athletes will respect other team members and coaches.
- 15. Athletes will be dismissed from the team for continuous infractions of the rules. Consequences include, but are not limited to: sitting out practice or competition, placed on alternate status, suspension or removal from the squad. Consequences will be determined for each individual, by the owners.



#### **ABSENCES AND TARDINESS**

Attendance is the single most important factor for the success of a competitive cheerleading team. Since everyone plays a vital role in the competition routine, when even one member is absent the whole team suffers. Any member that is constantly late to practice or has too many absences may be suspended from the team, put on alternate status, or removed from the program. An athete with more than 2 absences per month during competition season may me moved in choreography.

#### **REQUEST FOR ABSENCE**

All requests for absence must be first made by emailing **absent@stealthathletix.com**. Please do not schedule any appointments or activities during any of the scheduled times for team practices. We will provide dates when practices are canceled due to breaks and holidays.

#### OTHER SQUAD PRACTICES AND EXTRACURRICULAR ACTIVITIES:

If you are involved with any other extracurricular activities and you know a list of scheduled practice times, games, and competitions you need to get that to your coach as soon as possible. We need devoted athletes that understand the attendance policy and consequences.

#### **BEHAVIOR**

- 1. All team members and their families will conduct themselves in a professional and mature manner whenever they are representing the Stealth Athletix program.
- 2. No team member will participate in any illegal activities, including but not limited to; use of drugs, alcohol or tobacco, shoplifting or theft of any kind. These activities will not be tolerated. Any violation of the above or any other rules set forth by the law, hosting competition or Stealth Athletix may be grounds for student dismissal and/or the team not performing. Punishment will be up to the SA staff and owner as to what will be best for the child, the child's team and the overall SA program.
- 3. Your dedication and loyalty to Stealth Athletix is extremely important. If for some reason you disagree or are unhappy with the philosophies and decisions of the SA program or SA athletes and parents, we would ask that you talk first to the coach, then if necessary the gym owner. Talking negatively amongst each other or to others can only damage the overall spirit of each team and the program as a whole. This kind of behavior is grounds for dismissal of your family from our program without a refund.
- 4. Always show respect for all coaches, no matter what your private personal feeling is towards them. Disrespectful behavior will result in suspension from the team for a period of one week and the parent will be contacted. Second behavior issue will result in dismissal from the team. No exceptions.
- 5. During practice the athlete's opinions does not count. All squad placements and routine decisions are left up to the coach. After practice is the proper time to voice your opinion to the coach.
- 6. Any athlete who is threatening to quit their squad or fails to attend a competition will be dismissed from the squad immediately.
- 7. All competitions are required. Missing a competition will result in dismissal.

# CAMP/CHOREOGRAPHY/MUSIC

Every Stealth cheerleader will attend his or her mandatory camp and choreography sessions. **Choreography will be held July 28-31.** The cost of this will be \$375 for each athlete per team (for crossovers) which includes choreography and professional competition music. Please do not schedule anything during these days, leave them completely open. YOU WILL NOT BE ALLOWED TO ATTEND CHOREOGRAPHY UNTIL YOUR CHOREOGRAPHY FEE IS PAID. **Choreography fees will be due June 30.** 



### VIEWING POLICIES DURING PRACTICES

The reason for the viewing policy is simple. Safety is our primary concern and if even one team member becomes distracted during a stunt or tumbling pass, it could negatively affect the others on the squad. Coaches must be the sole authority during team practices because they are solely responsible for team safety.

- 1. We ask all parents to sit in the designated seating area in the viewing area and keep the noise level to a minimum.
- 2. All weekend practices (Friday-Sunday) will be closed.
- 3. If you want to socialize with other parents, then do so away from the gym during a non-practice time. We need every minute of practice time with your child and your presence is distracting. It is extremely important each athlete remain focused on the coach and the required training during each practice and not be distracted by the presence of a family member.
- 4. Parents are asked NOT to disrupt or distract their athlete.
- 5. Parents are asked NOT to coach their athlete from the viewing area.
- 6. Parents are NOT allowed to talk about the routine, team positions, second guess the coaches or another athlete or another parent in a negative or condescending manner. If you do, you will be banned from the gym for 30 days. NO exceptions.
- 7. Parents are NOT allowed in the practice area unless approved by a coach.

#### **COMPETITIONS AND EVENTS**

- 1. All transportation and accommodations for parents and siblings to all events will be the sole responsibility of each family. Stealth Athletix is not responsible to bring any athlete to any competition. Any money that parents spend regarding travel for themselves, family members and friends to competitions and other All-Star event is done at their own risk. We will do our best to get information to you in a timely fashion; however, if for any reason a competition is cancelled or rescheduled, SA will NOT be responsible for any reimbursement.
- 2. Parents are always welcome to attend all-star events. It is the USASF policy that only athletes and certified coaches are allowed in warm up areas. There are entry fees for spectators at almost all of the competitions that we will attend ranging from \$5-\$40.
- 3. Stealth Athletix feels it is important that all teams within our program support each other. It will be expected that all SA teams will arrive on time, stay at competitions and support other SA teams. It is very important that competition days are left entirely open for competitions.
- 4. At the conclusion of a competition or event, after awards have been given and the coach has spoken to the team, a team member may be released to his/her custodial parents or other parents and friends to return home.
- 5. Stealth Athletix team members will be required to attend ALL competitions scheduled for their respective teams. Failure to attend every competition without a legitimate reason could be grounds for dismissal.
- 6. Members will be informed what to wear when meeting and leaving competitions, whether they are to arrive in uniform or arrive promoting all star sponsors. Members are NOT permitted to walk around in uniform partially dressed. Skirts or warmup pants must be on at all times, spanks are not to be warn separately and tops are to be on at all times. Pajama pants are NOT permitted to be worn under the skirt at any time.
- 7. Schedules for each competition will be emailed to all parents approx. 5-7 days prior to the event.



#### PRACTICE CLOTHES & SHOES

We will have a program practice set this year. Order forms will be emailed with tryout placement, and must be turned in no later than June 10th.

We are not requiring matching shoes this year but would like them similar. Preferred shoes and website that they can be found will be in the packet preceding tryouts. Shoes need to be purchased no later than July 1 so that you have time to get used to them and wear them in.

## DRESS CODE FOR COMPETITIONS

#### All athletes must:

- 1. Maintain a well-groomed appearance and good personal hygiene at all times.
- 2. NEW THIS YEAR: Hair and makeup will be the same program wide.
- 3. Nails must be kept shorter than fingertips when participating in any physical Stealth Athletix activity.
- 4. No jewelry (other than approved medical ID tags) is allowed during an SA warm up, practice, camp, or competition.
- 5. No tattoos or inappropriately dyed or cut hairstyles should be visible when wearing any Stealth Athletix apparel.
- 6. All lost or noticeably damaged uniform or practice clothing items must be repurchased immediately at the athlete's parent's expense.
- 7. Hair and make-up must be complete prior to competition report time, as per coach's request.
- 8. Remove jewelry (except approved medical ID tags) and nail polish.
- 9. Have all non-uniform items such as sunglasses, cell phones, and airpods...etc. put away.
- 10. Any braces or tape needed to perform must be supplied by the athlete, and put on before the team takes the warm up mat.
- 11. For senior teams, unless in warmup or on competition floor, you must have your midrif covered at all times.

#### After competing:

- 1. Athletes may only change into their Stealth Athletix jacket, or top with the Stealth logo.
- 2. No skirts may be worn over warm up pants, and absolutely no athlete is to change their clothing while in a public area.
- 3. Socks and shoes must be worn at all times. No bare feet.
- 4. During awards ceremonies, athletes must be in full competition uniform and may not wear backpacks, warm ups, or any other items on stage.

#### COMMUNICATION

All communication regarding practices, policies, staffing, competitions and any other Stealth Athletix information will come directly from the owners of Stealth Athletix. As well as if any athlete or parent has any questions, they should be directed to the owners first. You can email kandi@stealthathletix.com, or call/txt 260.519.5002. Kandi and/or Mark will speak with you and, if necessary, the coach of the team.



#### **TUITION**

- 1. It is very important that the families of Stealth Athletix understand that making payments on time is of the utmost importance for the success of the teams. This season we are requiring a Credit Card or Debit Card on file. Choreography fees must be paid in full prior to choreography. Any athlete that has not paid choreography fees and has an outstanding account will be not be permitted to participate in choreography. Competition fees will be due prior to the start of the competitive season, these must be paid prior to the first registration deadline of the first competition or the athlete will not be permitted to participate. Competition fees range from \$50-\$200 per team member, per competition and will include an additional coaches fee. All accounts must be paid in full before any athlete will be able to tryout for the next year. All payments will be made out to Stealth Athletix.
- 1. Accounts not paid in full by the 5th of the month will incur a \$10 late fee. Accounts not paid for over 30 days, the athlete willbe unable to participate in tumbling classes, team practices, private lessons or competitions until the account is brought current, including the late fee.
- 2. All money spent is NON-REFUNDABLE, even in the case of quitting, removal from any team or placed on probation due to disobedience, absence, tardiness and late payments.
- 3. Fundraising opportunities will be available throughout the season to lower the cost of the season's activities.
- 4. Stealth Athletix allows it's athletes and parents to participate with ANY official fundraiser offered by Stealth Athletix. Funds raised by the athlete who participated may be used for the following, in-order of priority:
  - Monthly Team Tuition
  - All other fees associated with All Star
- 5. Fundraisers throughout the season:
  - Lengerich Meats
  - Tshirt Sales/Sponsorships
  - Misc.

#### 2022-2023 CHEERLEADING APPAREL AND COST BREAKDOWN

The fees below are approximate fees.

Uniform (top, skirt, spanks) \$450 Warm Jacket \$60

 Shoes
 \$45.00-\$110

 Practice Set
 \$100 (apprx.)

USASF Membership \$60 Bow \$30

Competition fees \$600-\$1000

Choreography/music/START UP \$375 (due June 30)

# **Stealth Athletix Monthly Tuition**

\$90.00 per month Includes:

\*two team practices a week (4-5 hrs total)

\*extra practices may be required before a competition

\$30.00 per month \*Mandatory Stealth Athletix tumbling class, unless private lessons are rea, scheduled



#### **LEVELS**

All-star cheer teams are broken down basically into 6 levels. The "level" refers to the type of stunts, baskets, pyramids, and tumbling that a team can safely perform. The levels are numbered from 1 to 6, in increasing difficulty. The level team an athlete is placed on is determined solely by the coaching staff due to the various factors involved.

The selection of teams is a very tedious and often complicated process. Many key elements are considered in our decisions. We must choose a well-rounded variety of individuals for each team that take into account the team successes but also the proper progression for each individual athlete.

Below is a sample listing of skills for each level.

Level	Stunting	Standing Tumbling	Running Tumbling			
1	Knee level stunts, prep level	Back Walkover Front Walkover	Back Walkover Front Walkover			
2	Prep level one-legged stunts, extended two legged stunts.	Back handspring	Running tumbling to a back hand- spring			
3	Extended one-legged stunts. Single twisting dismounts from two feet.	Multiple Back Handsprings. Jumps to standing back handspring	Running tumbling to tuck. Specialty tumbling to tuck. Punch front.			
4	Release moves to extended level. Twisting stunts to two feet. Double twisting dismounts from two feet.	Standing tuck, jumps to back handspring tuck, and standing back handsprings to layout.	Running tumbling to layout. Specialty Pass to layout. Cartwheel tuck.			
5	Switch up full twist to extended body position. Double up to prep level stunt.	BHS Series to Layout Jump BHS Series to Layout Jump Back Tuck	Round off whip BHS to full. Punch front step out to full. Round off whip to full			
6	Tic Toc body position to body position (high to high). Full twisting ball up to extended body position.	Standing Full BHS Series to Full Jump BHS Series to Full	Front handspring front full. Round off BHS to double full. Round off Ariabian BHS to double full.			

# **2022-2023 TEAM AGES**

	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003
Tiny	Х	Х	Х												
Mini		Х	Х	Х	Х										
Youth		Х	Х	Х	Х	Х	Х	Х							
Junior 1-3			Х	Х	Х	Х	Х	Х	Х	X	Х	Х			
Junior 4				Х	Х	Х	Х	Х	Х	Х	Х	х			
Junior 5-6					Х	Х	Х	Х	Х	Х	Х	Х			
U16 Int.							Х	Х	Х	Х	Х	Х			
Senior								Х	Х	Х	Х	Х	Х	Х	Х
Senior 6									Х	Х	Х	Х	Х	Х	Х